

Kids Athletic Program Grade 1 and up

Kiddy Fun Fit

Thursdays, 4:30-5:30pm (grades 1-3)

Engage in fun fitness oriented activities, games and circuits!

Begins Sept. 25 / 10 classes

YM \$105 (NYM \$115)

Kids Basketball

Tuesdays, 4:30-5:30pm (grades 1-3)

Tuesdays, 5:30-6:30pm (grades 4-7)

Learn the rules, do the drills, play the game!

Begins Sept. 9 / 10 classes

YM \$105 (NYM \$115)

Sports Mania!

**Wednesdays, 4:30-5:30pm
(grades 4-7)**

Learn the ins and outs of sports and fitness. Games will include soccer, hockey, and kickboxing!

Begins Sept. 10 / 10 classes

YM \$105 (NYM \$115)

For information contact Andrea Brumer 514-624-6750 ext. 24



YM-YWHA

West Island
Jewish Community Centre
13101 Gouin Blvd, Pierrefonds
(514) 624-6750

Kid Connexions

Fall Courses
2008

Extra-Curricular Programs (ages K - Grade 6)

Registration begins Sept. 8



Save \$20 if your
child takes 5 classes!



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Art Classes for Children ages K-6

All classes are run under the auspices of the Youth and Family Arts Institute



Artist in Action – A painting workshop for families

**Sundays, 10:30am-12pm or
Mondays, 6:30-8pm**

Taught at an introductory level that will be stimulating for ages young and old, you and your child will learn various art techniques. Each week a new lesson will be taught as your knowledge and experience with art broadens! All materials included.

Begins Sept. 14 or 15 / 5 classes
YM \$65 (NYM \$75)(per participant)

Drawing for Beginners

Mondays, 3:30-4:30pm

Learn the basics of drawing from A to Z! With the use of various tools including pencil, charcoal, and markers, we will learn drawing techniques like shading, texture, positive and negative space and much more! Sketchbook not included.

Begins Sept. 15 / 5 classes
YM \$40 (NYM \$50)

Art Playground

Mondays, 5-6pm

Join us in this mixed media class where we will create a different work of art each week, while learning a new medium! We will be printing, collaging, drawing, painting and so much more! All materials included.

Begins Sept. 15 / 5 classes
YM \$30 (NYM \$40)

**For information contact Angela Mastro-Baril
514-624-6750 ext. 50**

Children's Programs ages 5-6 (Kindergarten)

Funky Hip Hop Moves

Mondays, 3-4pm

Time to get up, hip-hop, move and groove to the funkier tunes around with 8 COUNT DANCE SCHOOL! Kids will be ready to dance to the music and learn choreography in this cool hip hop class!

Begins Sept. 15 / 10 classes
YM \$105 (NYM \$115)

Onesport (Hockey)

Tuesdays, 3-4pm

Children will concentrate on hockey for 10 weeks to improve their skills and knowledge through warm ups, drills and a game every class.

Begins Sept. 16 / 10 classes
YM \$105 (NYM \$115)

Sportmix

Thursdays, 3-4pm

Through warm ups, drills and relay races, children experience a variety of sports including soccer, floor hockey, basketball and more!

Begins Sept. 18 / 10 classes
YM \$105 (NYM \$115)

For information contact Viki Zerdok 514-624-6750 ext. 23

K-Grade 6

What's newish? We're Jewish

**Tuesdays, 3:15-5:15pm or
Wednesdays, 4-6pm**

Learn about Jewish holidays, traditions, history, and Hebrew vocabulary, reading and writing through art, stories, songs and games.

Begins Sept. 10 or 16
Please inquire about prices.

Grade 6 Girls

Group Bat Mitzvah

Wednesdays, 7:30-9pm

Girls will have an understanding of life related topics taught by our qualified and well-established educator who teaches with a hands-on approach. Girls will have mitzvah projects, learn about their Jewish family roots and identity, go on field trips and much more!

Begins Oct. 29
Please inquire about prices.